

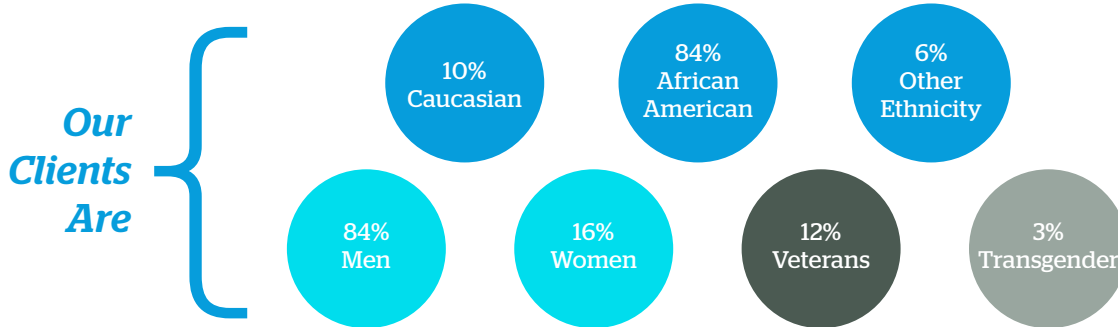
# Pathways to Housing DC

## Annual Highlights

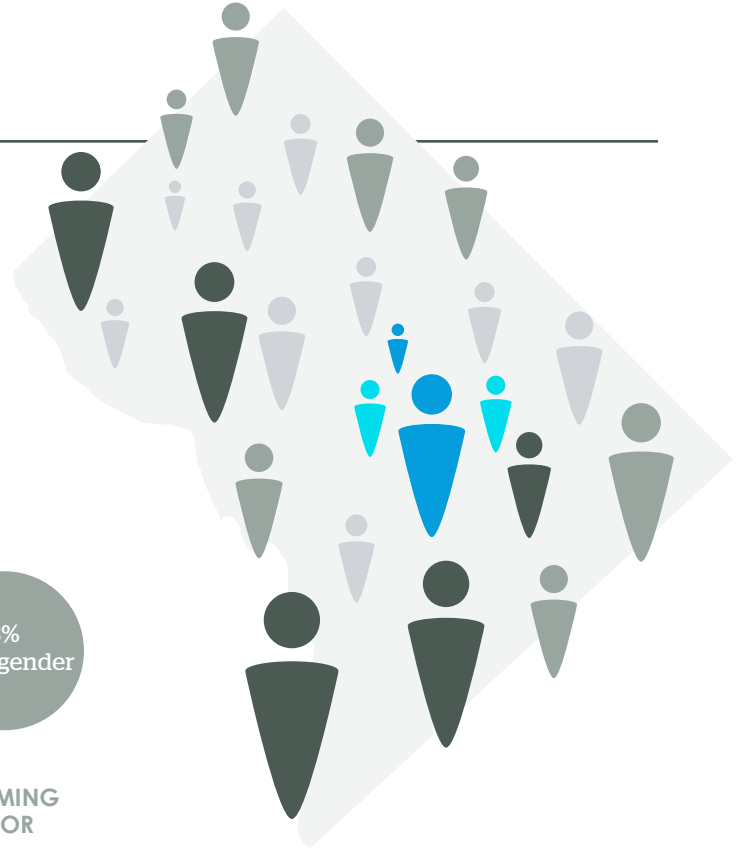
FY2015

July 1, 2014 to June 30, 2015

**104 FULLTIME STAFF AND 216 VOLUNTEERS TOGETHER SERVED 2,500 CLIENTS IN ALL 8 WARDS OF DC**

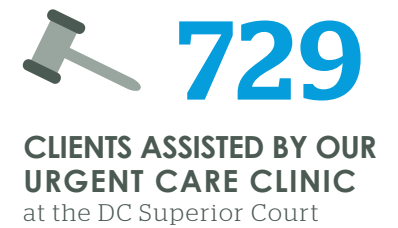
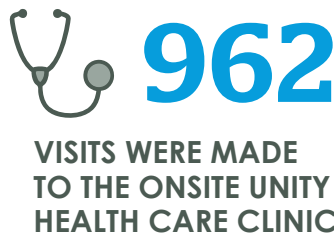


**100%** OF THE PEOPLE WE SERVE ARE OVERCOMING MENTAL HEALTH, SUBSTANCE USE, AND/OR PHYSICAL HEALTH CHALLENGES

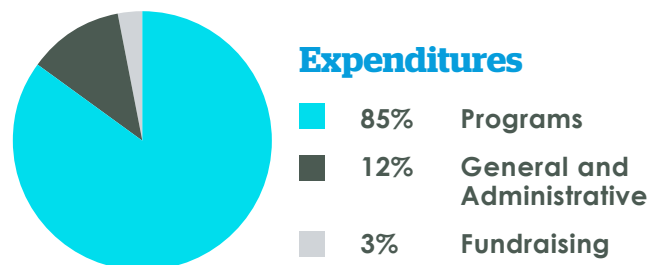
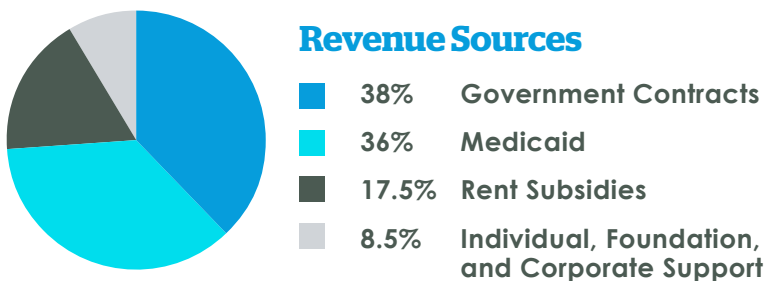


Since 2004, we have

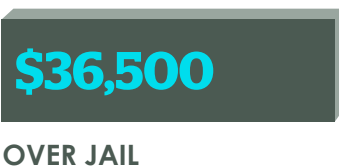
**ended chronic homelessness** for



### FY2015 FINANCIALS



### Average annual savings per client using **Housing First**



## Board Members

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Director of Development  
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For more information on  
Pathways to Housing DC,  
please visit us online at  
[www.pathwaystohousingdc.org](http://www.pathwaystohousingdc.org)

**Pathways** to Housing DC

101 Q STREET, NE  
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202-529-2972

## Stories of..



## Home

Selena had a normal childhood, but that soon began to change as the symptoms of her mental illness emerged. Despite several psychiatric hospitalizations during her adolescence, Selena's anxiety and bipolar disorder went undiagnosed. Soon she began to self-medicate her symptoms with PCP and other drugs.

Despite her mental illness and struggles with addiction, Selena managed to stop using when her children were born. However, she still struggled to maintain steady work and a stable homelife. When DC Child Protective Services became involved and took her three children, everything crumbled. She was on the streets for two years, but was ultimately able to connect with Pathways DC Outreach team member, Antwan. They began meeting regularly to talk about her past and dreams, including her hope to one day reconnect with her family. Antwan listened and worked with Selena to get her connected to one of our Housing First support teams.

Selena is now back in her own apartment. She is rebuilding a relationship with her family and she continues to work with her Pathways DC support team, and feels supported in all of her goals as she works towards hope and dignity in her new home.



## Health

Ricky's vulnerability, unmanaged schizophrenia and health challenges resulted in over 134 calls to Emergency Medical Services in a single year. Between 2013 and 2014, Ricky's medical costs totaled over \$213,000. While these emergency services likely saved Ricky's life, they also came at a considerable public cost.

This past February, in collaboration with our partners at Miriam's Kitchen, we helped move Ricky off of the streets and into his own apartment. By giving Ricky a place to call his own, combined with access to comprehensive mental and physical health services, we have provided him with dignity, stability and support. And we're doing it at a fraction of the cost.

In January of this year, Ricky utilized Fire and Emergency Medical Services (FEMS) 19 times. He was housed on February 2nd, and then in all of February, he utilized FEMS just twice. While it's only one month, this is a significant change and the savings are dramatic.



## Hope

Ten years ago Gerard found Pathways to Housing DC and his life changed once again. We offered him a home—no strings attached. For Gerard, having a place to call his own and a roof over his head allowed him to focus on getting sober and managing his mental illness.

He first worked to achieve smaller goals, like visiting a doctor and going grocery shopping, and then moved on to much larger ones, including getting a well-paying job. In his own words, "Once I attained stable housing and genuine support, my mental and physical health improved and I have been able to re-educate and re-train myself."

Today, Gerard has an apartment, a bike, a three-computer workstation and a positive outlook and mission in life. He is now employed as a certified Peer Health Specialist, teaching other formerly homeless veterans like himself about wellness tools and strategies to live meaningful, positive and healthy lives.